

**ARKANSAS OTOLARYNGOLOGY CENTER
AMBULATORY SURGERY CENTER**

TYMPANOSTOMY & TUBES

1. Diet: Liquids to regular diet as tolerated.
2. Activity: As tolerated, keep patient inside the day of surgery and may resume regular activities first post-op day.
3. Medications: Follow physician's instructions on eardrops, antibiotics or pain medicine as indicated. Pain is usually minimal and can be treated with Tylenol (acetaminophen). Call if there is ear drainage after the third post-op day.
4. Fever: Low-grade fever may be expected and should be treated with Tylenol. Fever above 101 that does not respond to Tylenol should be reported to the nurse or physician on call.
5. General: There is often drainage and or blood from the ears for 48-72 hours post-op. It is okay to get clean water in the ears.
6. Bleeding from the ears after tube placement is not uncommon. If you see blood at any time after tubes, use ear drops (only drops that were given to you by our clinic) for a few days and call your doctor the next working day. Blood from the ears after tubes is not an emergency.
7. **Do not** use any ear solution or ear drops (including pain/numbing) that we have not prescribed.
8. Breathing or respiratory concerns should be reported to your physician immediately.

Emergency/Doctor on call after hours 501-663-8400

Office: 501-227-5050

Surgery center hours are Monday-Friday from 7:30am to 5:00pm. If you need to see a physician after hours do not return to the surgery center, go to the emergency room.