STOP THESE MEDICATIONS **10 DAYS** PRIOR TO VISIT

* Cyproheptadine (Periactin)
* Imipramine (Check with prescriber before stopping this medication)
* Clemastine (Allerhist-1, Contact 12 Allergy, Tavist-1)
* Nortryptyline (Check with prescriber before stopping this medication)
* Amoxampine, Clomipramine, Desipramine, Protriptyline, Trimipramine (Check with prescriber before stopping this medication)

STOP THESE MEDICATIONS **7 DAYS** PRIOR TO VISIT

* Hydroxyzine (Atarax or Vistaril)
* Mirtazapine; Quetiapine (Check with prescriber before stopping this medication)
* Benzodiazepines (Clonazepam, Diazepam, Lorazepam, Midazolam) - (Check with prescriber before stopping this medication)

STOP THESE MEDICATIONS **5 DAYS** PRIOR TO VISIT

* Allegra (fexofenadine)
* Hydroxyzine (Atarax or Vistaril)
* Doxepin (Adapin)
* Desloratadine (Clarinex)
* Loratadine (Claritin or Alavert)
* Cetirizine (Zyrtec)
* Levocetirizine (Xyzal)
* Chlorpheniramines (Chlortabs, AHIST, Aller-Chlor, Chlor-Allergy, ChlorPhen, Histex)
* Dimenhydrinate (Dramamine)
* Ketotifen (Zatiden)
* Meclizine HCl (Antivert, Bonine)
* Brompheniramine (Brovex, Dimetane, Lodrane)
* Trazodone (Check with prescriber before stopping this medication)

STOP THESE MEDICATIONS **3 DAYS** PRIOR TO VISIT

* Diphenhydramine (Benadryl, Actifed, Banophren, Children’s Allergy, Diphen-allergy, Diphenhist, Dytuss, Q-Dryl, Tylenol PM; Nyquil (Doxylamine) check all over the counter sleep aids)
* Ranitidine (Zantac)
* Cimetidine (Tagamet)
* Famotidine (Pepcid)
* Azelastine Nasal Spray/Eyedrops (Astelin, Astepro, Patanase, Dymista, Optivar)
* Olopatadine Nasal Spray/Eyedrops (Pataday/Patanase/Patanol/Pazeo)
* Dymista Nasal Spray
* Promethazine (Phenergan, Chlorpromazine, Thorazine, Prorex 25 & 50)
* Amitryptyline/(Elavil) (Check with prescriber before stopping this medication)
* Meclizine (Antivert)
* Extendryl

**DO NOT STOP**

* Asthma inhalers
* Steroid nasal sprays (Flonase, Nasocort, Nasonex, Rhinocort, etc.)
* Montelukast (Singulair)
* ANY NON-ALLERGY/ ASTHMA MEDICATIONS NOT LISTED ABOVE